

This is Daily Activity

MONDAY

11:00am - This Day in History Quiz

Questions on things that happened on this day in History!

12:30pm - Rummikub and Scrabble

Come along for a cosy afternoon of classic games and great company!

3:30pm - Stitch & Social

Settle into the Bistro for a cosy afternoon of embroidery, conversation and cups of tea.

TUESDAY

11:00am - Poetry Writing & Sharing

Come and join us for a warm and welcoming session where residents lead the way with words from the heart.

12:30pm - Trip Out: TiggyWinkles

Join us for a lovely day out visiting Tiggywinkles, the UK's busiest wildlife hospital!

4:00pm - Knit & Natter

We are continuing our knitting group this afternoon in the Bistro.

WEDNESDAY

11:00am - Clay Pottery Pinch Pots

Come join us to make your very own pinch pot out of clay! just bring your imagination and we'll provide the rest.

1:30pm - Balloon Tennis

Grab a paddle and join us for a lively game of balloon tennis

3:30pm - Life Story Session

We'll be creating our own special life story scrapbooks, while listening to music that sparks memories.

THURSDAY

11:00am - Resident Newsletter Meeting

Come along and help shape this month's Resident Newsletter!

1:30pm - Gardening Club

Roll up your sleeves and join us as we plant seeds and get our garden growing!

3:30pm - Armchair Travel: Paris (VR)

No passport needed, sit back, relax, and let's explore the magical city of Paris through the power of VR!

Newspapers will be delivered daily at 9:00am. If you'd like to receive a specific magazine or gazette subscription, just let us know!

Our activities programme is tailored to you! If you have ideas for new activities or would like to run a group, speak to a member of the Activities Team. We would love to make it happen!

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FRIDAY

11:00am - Jigsaw Puzzle club

Join us for some relaxing and rewarding time piecing together beautiful puzzles!

12:30pm - Baking Club

Join us in the community room to bake delicious, fluffy scones from scratch!

3:30pm - Skittles & Quoits

We're playing light-hearted garden games on the patio - it's time for friendly competition!

SATURDAY

10:45am - Vision Board Making

Craft a "happy board" filled with images and keepsakes that bring you joy. A collection of your favourite things to brighten your day.

12:30pm - Resident Karaoke

Step up to the mic and sing your heart out - or cheer on your friends!

3:30pm - Painting Pinch Pots

Remember those lovely pinch pots we made? Now it's time to bring them to life with colour!

SUNDAY

10:00am - Mindful Movement

We're starting the day with a meditative breathing session and some gentle movement to wake us all up!

12:30pm - Flower Pressing

Enjoy a garden stroll, then press blooms to craft your own cards and bookmarks.

3:30pm - Sticky 13s in the Bistro

Unwind with a friendly game of Sticky 13s, lively chat, and a cosy spot in the Bistro.

REMINDERS

Every Tuesday - Knit & Natter

A warm and welcoming weekly session, open to the community. Bring your knitting and enjoy a good chat!

Every Sunday - Sunday Service

We run a weekly Sunday Service at 11:00am, offering a time of reflection, inspiration, and community.

28th August - Resident & Relative Meeting

Join us for updates, feedback, and open discussion about life at Haddenham Park.

Board games, paints, card games, colouring, music, and TV are always available for you to enjoy.

You also have access to our cinema, sensory rooms, and regular minibus trips for exciting outings. Feel free to help yourself or ask our team for anything you need!