


March Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1st 10:30 - Namaste in GS 2:30 – Board Games 	2nd 10:30 Chair exercise (Grand Hall) 2.30 – Movie Afternoon 	3rd AM Church visits & Live streamed services 2:30 – Coffee and a catch up 
4th 10.30 Bingo (Dining Room) 2:30 Reminiscing 	5th 10:30 - Local Trip out 2:30 Arts & Crafts 	6th 10:30 - Chair exercise 2:30 – Quiz 	7th 10:30 – Reminiscing 2:30 – Knitting Circle 	8th 10:30 - Pamper session 2:30 – Resident & Relatives Meeting 	9th 10:30 – One to One Chats 2:30 – choice of concert streamed 	10th Mothering Sunday 2:30 – Live Singer Kirsty 
11th 10:30 – Picture Bingo 2:30 - Board Games 	12th 10:30 - Local Trips out 2:30 – St Patricks Day Crafts 	13th 10:30 - Knitting Circle 2:30 - Gardening Club 	14th 10:30 - Armchair exercises 2:30 – Word Games on white Board 	15th Around the world Day to Ireland come celebrate with us. 2.30 – Live Singer Keely 	16th 10:30 - one to ones chats with a cup of tea 2:30 – Movie Afternoon 	17th AM Church Visits and Streamed service 1:30 The Kent Academy of Irish Dance 
18th 10:30 - Bingo (Dining Room) 2:30-Music Quiz 	19th 10:30- Local Trip out 3.00 – Church Visit 	20th 10:30am - Knitting Circle 2:30 – Gardening Club 	21st 10:30 – Old Time Sing- a- long 2:30- Gentlemen's Club (ladies welcome) 	22nd 10:30 Armchair Exercise 2:30 – White Board Games 	23rd 10:30 – One to Ones 3.00 – Lynwood School of dance 	24th AM Church Visits & Streamed Service 2:30 – Coffee and a catch up 
25th 10:30 - Bingo 2:30 – Easter Crafts 	26th Am – Local Trip out 2:30 – Well-being Meeting 	27th 10:30-Knitting Circle 2:30 – Gardening Club 	28th 10:30-Armchair Exercises 2:30 – Gentlemen's Club (Ladies Welcome) 	29th 10:30 – Easter Bonnet Crafts 2:30 – Easter Bonnet Parade 	30th 10:30 - One to Ones 2:30 – Movie Afternoon 	31st 12:30 - Easter Egg Hunt Visit From Easter Bunny 