MORNINGTON COURT
CINNAMON LUXURY CARE

Weekly Events

MONDAY 15th

9.30am
Walk in the garden with Charlie
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
10.00 - 4.00 Activities on the SF

11.00 - 3.00 pm Arts, Crafts and Knit and Natter in Cafe Bar

11.00 - 12.00 pm
Armchair Zumba in the FF Lounge with Charlie
FF Lounge
1.00 - 2.00
One to One All About You Journals with Charlie

2.00-3.00 pm
Word Wheel in the GF Lounge with Charlie
GF Lounge
Milkshake Monday available on request in the Cafe Bar

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

TUESDAY 16th

9.30am
Walk in the garden with Joanne and Charlie
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
10.00 - 4.00 Activities on the SF

11.00 - 3.00 pm Arts, Crafts and Knit and Natter in Cafe Bar

11.00 - 12.00 pm
Yoga / Thai Chi in the GF Lounge
GF Lounge
11.00 - 12.00 Tuesday Treats - Make Cheese Straws with Joanne in FF Dining Room

2.00-3.00 pm
Dog Therapy in GF Lounge
GF Lounge
2.00 - 3.00 pm Clay Model Craft in FF Dining Room
4.00 - 5.00 pm One to One All About You Journals with Joanne

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

WEDNESDAY 17th

9.30am
Walk in the garden with Joanne
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
10.00 - 4.00 Activities on the SF

11.00 - 3.00 pm Arts, Crafts and Knit and Natter in Cafe Bar

11.00 - 12.00 pm
Coffee Morning - guest speaker from Libertys Owls
Came and meet the owls in the Cafe Bar
'Waffle Wednesday' Come and enjoy waffle bites with your coffee or choice of beverage

2.00-3.00pm
Skittles in the GF Lounge
GF Dining Room
3.30 - 4.30 Countdown in GF Lounge

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

THURSDAY 18th

9.30am
Walk in the garden with Joanne and Charlie
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
10.00 - 4.00 Activities on the SF

11.00 - 3.00 pm Arts, Crafts and Knit and Natter in Cafe Bar

11.00 - 12.00
Nick Sellers Singer
Cafe Bar
11.00 - 12.00 pm Walk around Ballard Lake for those who like to stretch their legs

2.00 - 3.00 pm
Drive out to Lymington Quay
3.00-4.00pm Jackanory in FF Lounge short stories read by Jo
4.00 - 5.00 pm One to One All About You Journals with Jo

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

FRIDAY 19th

9.30am
Walk in the garden with Joanne
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
10.00 - 4.00 Activities on the SF

11.00 - 3.00 pm Arts, Crafts and Knit and Natter in Cafe Bar

11.00 am - 12.00 pm
Friday Fun Quiz in FF Lounge with prize for the winner!
Fruity Friday Fresh Fruit platter in the Cafe Bar

2.00 - 3.00 pm
Bookmark making in the GF Dining Room
3.00 -4.00 About You Journals
4.00 - 5.00pm Come and enjoy a glass of fizz and a singalong with Simon in the Cafe Bar

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

SATURDAY 20th

9.30am
Walk in the garden with Ana
In the garden
Walk in the garden

10.00am
Meditation
Cinema Room
Start the day the gentle way, with Mornington Meditation in the Cinema Room

11.00 am - 12.00 pm
Bingo
GF Lounge
11.00 am - 3.00 pm
Arts, Crafts and Knit and Natter in the Cafe Bar

1.30 - 2.30 pm
Ana's shop Coming to your door
2.30 - 3.30 pm Boules in the FF Lounge
4.00 - 5.00 One to One All About You Journals with Ana

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge

SUNDAY 21st

9.30am
Walk in the garden with Charlie
In the garden
Walk in the garden

10.00am
Live Church service stream
Cinema Room
Come and watch a live stream of a Church service in our Cinema Room

10.30 - 12 Noon
Wordle in the Cafe Bar
Cafe Bar
11.00 am - 3.00 pm
Arts, Crafts & 'Knit and Natter' in the Cafe Bar

2.00 - 3.00 pm Board Games,
Scrabble and Cards in the FF Lounge and Cafe Bar
FF Lounge
2.00 - 4.00 Sunday Movie in the Cinema Room

6.00pm onwards
After dinner beverages
In your Lounge
After dinner beverages with music and chat in your lounge