



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 9th February 2026

DAY	MORNING	AFTERNOON
MON 9 FEB	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	VALENTINE'S DAY CRAFTS
TUES 10 FEB	ARMCHAIR EXERCISES WITH ALICE	FILM CLUB
WED 11 FEB	MAGIC PAINTING	VALENTINE'S DAY ACTIVITY BOOK
THUR 12 FEB	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	STEVE LOW SINGS
FRI 13 FEB	ARMCHAIR BALLET	MAKING VALENTINE'S CARDS & SHORTBREAD
SAT 14 FEB	ENJOYING GAMES DAY	
SUN 15 FEB	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting facts!

Valentine's Day blends ancient Roman fertility rites, Christian martyr memories, and later romantic associations dating to the 5th century with Pope Gelasius, and today it features widespread gifts like roses, chocolates, and cards tied to a long history of love symbolism.