



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 19th January 2026

DAY	MORNING	AFTERNOON
MON 19 JAN	HAIRDRESSER VISIT & QUIZZES & CHATS	FILM CLUB
TUES 20 JAN	ARMCHAIR BALLET WITH CARLA	THE OLD VICARAGE VOICES CHOIR
WED 21 JAN	MAGIC PAINTING	FLOWER ARRANGING
THUR 22 JAN	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	CLEANING BRASSES
FRI 23 JAN	ARMCHAIR EXERCISES	GAMES AFTERNOON
SAT 24 JAN	ENJOYING GAMES DAY	
SUN 25 JAN	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting facts!

Did you know Egyptians were the first florists, using cut flowers in vases for ceremonies and tombs, while Greeks and Romans used wreaths for athletic honours and lavish decor. The edible part of broccoli is harvested before its flower buds open, making it technically a flower.