

# Milton Ernest Hall's Weekly Activity Schedule

**22nd July - 28th July 2024**

Daily Newspaper Delivery from 9:00am

If you would like the delivery of any magazine/gazette subscription, please let Kasey know.

**Mon**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Residents

**11:00am** - Skittles on the ground floor

**2:30pm** - Popcorn & Drinks & Movie Screening

**Tue**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Residents

**11:00am** - Yoga & Stretch Session

**2:30pm** - Afternoon Music Therapy

**Wed**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Residents

**10:00am** - Local Trip in the Mini Bus to the Bowls Club

**2:30pm** - Jam Making in the lounge.

**Thur**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Residents

**11:00am** - Reminiscence & Sensory morning session

**2:00pm** - Arts and Crafts Group on the Top Floor

Board Games, Painting, Card Games, Coloring, Knitting, Music and Cinema Access will always be available to you in between the directed activities... along with lots of other things, just ask!

**Fri**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Resident

**10:00am** - Local Trip in the Minibus to the Garden Centre.

**2:30pm** - Live Music from Raquel & Bob in the lounge.



**Sat**

**10.00am** - Personal 1-2-1 time spent between an Activities Team Member & Residents

**11:00am** - Table Top Activities & Games on the Top Floor

**2:30pm** - Creative Writing Session in the garden.



**Sun**

**10.00am** - Morning Mindfulness & Breathing Session

**11:00am** - Hymns & Prayers on the Residential Floor

**2:30pm** - Pie & Ale Tasting afternoon in the garden.

## Monthly Reminders

**The below free events are open to the Bedfordshire Community:**

**Wednesday 23<sup>rd</sup> April** - Cheese & Wine night

**Thursday 8<sup>th</sup> May** - Spring Time Craft Fair

**Thursday 15<sup>th</sup> May** - Community Coffee Morning

**Monday 16<sup>th</sup> June** - Care Home Open Week

**Wednesday 18<sup>th</sup> June** - Community Garden Party

**Sunday 19<sup>th</sup> July** - Summer Family Festival