



# Ashley House

Your local Bupa care home  
in Cirencester.





# On the edge of the Cotswolds

**Here in the pretty market town of Cirencester we offer high quality residential and nursing care, including specialist Parkinson's care.**

Ashley House is just five minutes' walk from the Abbey Grounds Park, which has wheelchair friendly paths. Stroll through the open spaces and down by the river, or find a bench to sit and watch the swans and ducks. We're also a short walk from local shops and a museum exploring Cirencester's Roman history.



## Our care team

At Ashley House, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



**"After 9 months in hospital I needed some respite care. Ashley House turned out to be ideal. The staff were always helpful and friendly and the food was excellent."**

**Respite resident, September 2024**  
Source: [carehome.co.uk](https://carehome.co.uk)



# What we offer

We warmly welcome residents with a range of nursing and residential care needs, whether they're coming to live here or just for a short stay. We talk to our residents about all the things they like (and don't like), because we think personal choice is important.

## Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative
- Specialist Parkinson's
- Day care

## Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

## Day care

- 'Home from home' feel
- Variety of activities
- Meet new friends
- Delicious meals
- Daily refreshments



## Variety of comfortable bedrooms

We have 44 bedrooms, six of which are ideal for couples. Half have garden views and six open onto the patio. As standard, every room has:

- en suite W/C and shower (and there's a bath on each floor for those who like a good soak)
- a flat screen TV
- a telephone point (bills payable)



## Services available to all

- Seeing a GP within the home
- External GP visits
- District nurse visits
- Advice from a nutritionist
- Pet therapy
- Religious services
- Laundry and cleaning
- Wifi throughout the home

**Plus, for an additional cost, residents can benefit from:**

- chiropody
- external dentist visits
- eye care from an optician
- physiotherapy sessions
- on-site hairdresser twice a week



## Shared areas around the home

There are lots of areas to relax in around our home, including a bright and spacious reception area, lounge and bar, a library full of classics and our on-site salon. Our enclosed garden is a lovely place to sit or play giant snakes and ladders when the weather is nice.

Residents are welcome to seek out company or enjoy time to themselves – the choice is always theirs.



## Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

## Call us for more information

# 01285 898 059

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.



# Life at Ashley House

Everyone wants to find a home they love. Ashley House is warm, inviting and friendly, not only for our residents but for their friends and family, too. Tempting meals, plenty to do and lots of opportunities to socialise make this a special place to be.



## Activities

Our own activity coordinator plans activities for everyone to enjoy, including the less mobile. Residents can join in as much or as little as they like with activities such as:

- baking, gardening and social clubs
- painting, crafts and a Knit and Natter group
- card games, quizzes and bingo
- seated Zumba, fitness, dance, and sing-a-longs provided by local entertainers
- outings to see things like live music and Christmas markets.



Residents can continue to enjoy most of their existing hobbies at Ashley House. And they can always suggest something they'd like to try, as a group activity or by themselves.



## Fresh, healthy food

Our head of catering creates delicious meals and snacks which can be enjoyed in our dining area or in the comfort of their room. We get to know each resident's likes and dislikes, and always cater for any dietary requirements.

## Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

## Celebrating special occasions

We have an open area that can be used for family events such as birthday parties, and a library which can be transformed into a more private setting. If you need catering, we'd be happy to arrange this for an additional fee.



Issued June 2023



## Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call in advance, and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



**“My father has been at Ashley House for nearly a year. He is happy, has made friends, and is very well looked after. The staff are wonderful - caring, interested, engaged and kind.”**

Daughter of resident, August 2024  
Source: carehome.co.uk



# Visiting Ashley House

**If you've never been here, why not come for a visit?**

You can meet the team and get a real feel for the atmosphere. We're on the corner of Trafalgar Road, opposite Barclay Court, and we're close to Abbey Grounds Park. The nearest train station is five miles away at Kemble.

**To arrange a visit or to find out more, call us on**

**01285 898 059**

**[bupa.co.uk/ashley-house](https://bupa.co.uk/ashley-house)**

** BupaCareHomeAshleyHouse**

** Ashleyhousebupacarehome**

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## **Ashley House Care Home**

118 Trafalgar Road, Cirencester GL7 2ED

Inspected and rated

Good



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