



Ashby Court

Your local Bupa care home
in Ashby-de-la-Zouch.



The heart of the National Forest

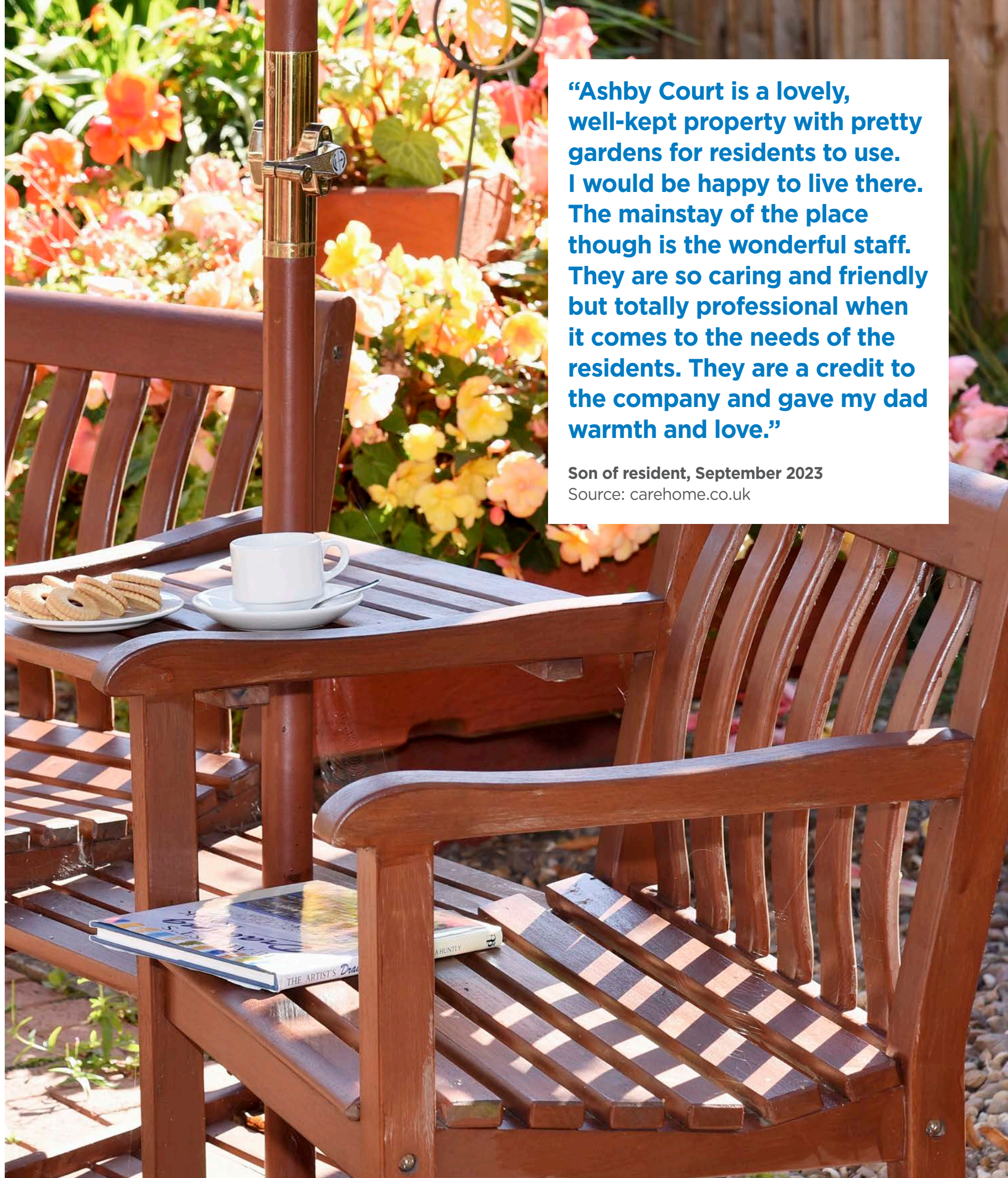
In the pleasant surroundings of our purpose-built home, we welcome those with a wide range of residential and nursing care needs, including dementia, Huntington's and Parkinson's.

We're on the edge of Ashby, just a mile from the shops, museum, library and castle. We're also within easy reach of Twycross Zoo, Calke Abbey and Conkers, a family-friendly woodland adventure centre.



Our care team

At Ashby Court, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



"Ashby Court is a lovely, well-kept property with pretty gardens for residents to use. I would be happy to live there. The mainstay of the place though is the wonderful staff. They are so caring and friendly but totally professional when it comes to the needs of the residents. They are a credit to the company and gave my dad warmth and love."

Son of resident, September 2023
Source: carehome.co.uk

What we offer

Our residents' wellbeing is important to us. That means we do everything we can to create a warm and inviting home, complete with lots of spaces to socialise, relax and eat.

Types of care

- Residential
- Nursing
- Dementia residential and nursing
- Short stay
- Palliative
- Convalescence
- Day care
- Huntington's
- Parkinson's

Dementia care

Part of our home, known as Cherry Tree Lane, is dedicated to dementia care. Here, our team help residents to lead a better quality of life.

With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 57 rooms, four of which are perfect for couples. You can also expect:

- en suite W/C and hand basin
- shared bathrooms around the home
- flat screen TV
- garden view from most rooms.

Residents are welcome to bring some personal items from home, like a selection of family photos or their favourite armchair.



Services available to all

- Weekly GP clinic within the home
- Advice from a nutritionist
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- dental care within the home or at their chosen practice
- visits from an optician
- physiotherapy
- weekly visits from a hairdresser



Shared areas around the home

Our home has a mixture of quiet and social areas to spend time in, including our on-site hair salon every Thursday and several lounges. Residents can even tinkle the ivories on the piano. Those living with dementia can experience our memory lounge, fidget boards, sensory room and reminiscence sessions.

Outside, we have a secure, wheelchair-friendly garden with a patio, fish pond and gazebo. Raised flower beds mean that anyone can do a little gentle gardening in the fresh air.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01530 886 523

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

Life at Ashby Court

We want everyone to find our home enjoyable and stimulating. That's why residents can choose to join in with a range of fun activities. When it's time to eat, residents can sit down for a delicious meal or light snack.



Activities

Our activity coordinators plan a wide variety of things to do, including for those who are less mobile. For example:

- trips to the zoo, shops, cafés, and garden centres
- visits from singers, dance groups and small animals
- arts and crafts, flower arranging, knitting and baking
- bingo, bridge, carpet bowls, and nine-pin bowling outside
- pampering afternoons
- move and groove sessions and wheelchair-friendly gardening
- visits from local children



Residents can continue most of their existing hobbies at Ashby Court. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Good food is important, so there are plenty of family favourites on our menu. These can be enjoyed in the dining room or in the comfort of the resident's own room. When the weather's fine, the patio is perfect for tea and biscuits.

When they move in, we talk to each resident about their likes and dislikes and any special dietary requirements.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they need to eat at a different time, they can just ask.

Celebrating special occasions

We're happy for families to host events such as birthday parties here. We'll just need to know in advance. Catering can be provided for an additional fee, too.



Issued March 2022



Visits from family and friends

Family and friends can pop by at any time. If you'll be having a meal with us, just let us know about any dietary needs. If you're visiting the nursing floor, there's a small kitchen for you to use.



“My mother has been in this excellent care home for over six years. The staff, at every level, have always shown kindness and gentle care, with a high standard of professionalism without losing the humanity or humour that is now my mum’s home. I have no hesitation in giving this care home a good review and consider my mum lucky to have been given a place there.”

Daughter of resident, March 2023
Source: carehome.co.uk



Visiting Ashby Court

If you've never been here, why not come for a visit?

You can meet the team and get a real feel for the atmosphere. There's a train station at Burton-on-Trent, eight miles away.

If you're driving, we're only a mile off the A42 but please use LE65 2PX for your sat nav. We have plenty of on-site parking.

To arrange a visit or to find out more, call us on

01530 886 523

bupa.co.uk/ashby-court

 BupaCareHomeAshbyCourt

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Ashby Court Care Home

Tamworth Road, Ashby-de-la-Zouch LE65 2PQ

Inspected and rated

Good



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