



The Arkley

Your local Bupa care home
in Barnet.



A peaceful neighbourhood

Here in the attractive North London borough of Barnet, we welcome residents with a wide range of residential and nursing needs. This includes people living with Huntington's or Parkinson's.

We're surrounded by green fields, yet you can be in central London in 40 minutes. Arkley Golf Club, where visitors can pay and play, is around the corner and the RAF Museum is just five miles away.



Our care team

At The Arkley, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“I find The Arkley very clean and comfortable, and the manager and staff are always on hand. The food is excellent, and the bedrooms are very nice. They also have lots of activities.”

Friend of resident, March 2024
Source: carehome.co.uk

What we offer

Our purpose-built home is very spacious. And there are lots of cosy nooks where residents can choose to enjoy company or a little peace and quiet. One of the real highlights is our beautiful big atrium, flooding the home with light and creating a lovely place to sit.



Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative
- Huntington's
- Parkinson's
- Secondary conditions like dementia

Nursing care

We have trained nurses on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 52 spacious rooms, two of which are ideal for couples (one being a suite). You can also expect:

- garden or courtyard views from many rooms
- en suite W/C or W/C with bath
- shared bathrooms around the home
- flat screen TV
- telephone point (bills payable)

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Eye care from an optician
- Visits from specialist district nurses
- Visits to a dentist
- Pet therapy
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- Chiropody
- on-site hairdresser and manicurist
- daily newspaper



Shared areas around the home

There are lots of places where residents can relax here. They might visit our hair salon for a bit of pampering, pop into our tea room for some freshly baked cake, or enjoy our activity room.

The atrium is a great focal point for a chat and a cup of coffee. Outdoors, prettily landscaped grounds offer the chance of a pleasant stroll or a spot of easy gardening.

Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

020 8023 7216

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at The Arkley

Warm friendship, good food and plenty to do can help our residents to settle in quickly and be happy here. Family soon become part of our community, too.



Activities

Our activity coordinator plans enjoyable activities for all our residents, according to their needs, including those who are less mobile. For example:

- outings to the zoo, National Trust properties and riverboat trips
- visiting musicians (classical, modern and old-time)
- arts and crafts, baking and flower-arranging
- quizzes, board games and bingo
- movie afternoons
- discussion groups
- gentle gardening



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Good food is so important, for so many reasons. Our delicious meals and snacks can be enjoyed in our social dining area or in the comfort of the resident's own room.

There are plenty of favourites on the menu, but we also talk to each resident when they move in about their likes and dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have several lounges and dining areas where families can host private events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



Issued March 2023



Visits from family and friends

Family and friends can pop by at any time whether that's for a quick coffee or to join in with an activity. If you'll be having a meal with us, just give us a quick call and also tell us about any dietary requirements.



“He is so pleased with the care and attention that he receives. The nursing care in particular is exemplary. His room is very pleasant, and he really enjoys the food.”

Son of Resident, August 2023

Source: carehome.co.uk



Visiting The Arkley

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're just two minutes from the A1 and five minutes from the M25, with on-site parking. There's a tube station at High Barnet, two miles away, and Elstree and Borehamwood train station is less than three miles away.

To arrange a visit or to find out more, call us on

020 8023 7216

bupa.co.uk/the-arkley

 BupaCareHomeTheArkley

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

The Arkley Care Home

140 Barnet Road, Barnet EN5 3LJ

Inspected and rated

Good



Bupa Care Homes (ANS) Limited No. 1960990 Bupa Care Homes (AKW) Limited No. 4122364 Bupa Care Homes (Bedfordshire) Limited No. 3333791
Bupa Care Homes (BNH) Limited No. 2079932 Bupa Care Homes (CFC Homes) Limited No. 2006738 Bupa Care Homes (CFH Care) Limited No. 2741070
Bupa Care Homes (GL) Limited No. 1587972 Bupa Care Homes (Partnerships)Limited No. 2216429 Bupa Care Services (Commissioning) Limited No. 3183275.
Registered in England and Wales. Registered office: 1 Angel Court, London EC2R 7HJ. VAT Registration No. 239731641.