



Ardenlea Court

Your local Bupa care home
in Solihull.



A central location

Here at our attractive, purpose-built home we welcome people with a range of care needs, including nursing, residential and dementia care.

We're in a pleasant residential area and only a short walk to Solihull town centre. There are several National Trust estates close by and all the attractions of Birmingham are just ten miles away.



Our care team

At Ardenlea Court, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“After spending several weeks in hospital, it was a happy experience when my husband spent time in Ardenlea. All the staff made us both feel welcome. They worked tirelessly supporting him with nursing care, assisting him with mobility issues, and always making time for a chat, which is invaluable, and they were cheerful and caring.”

Wife of resident, December 2023
Source: carehome.co.uk

What we offer

We want our residents to settle in quickly and be happy here at Ardenlea Court. While a high standard of care is important, we know that a warm smile, a listening ear and a cup of tea at just the right moment can make all the difference.



Types of care

- Nursing
- Residential
- Dementia care
- Short stay
- Convalescence
- Palliative care

Dementia care

Our dementia champions work closely with families to personalise each resident's care, helping them to live the way they want. Carefully planned reminiscence areas, dedicated entertainments and activities, all help to provide a better quality of life for residents.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 55 rooms, two of which are ideal for couples. There are shared bathrooms around the home, and you can expect:

- a garden view from many rooms
- en suite W/C
- flat screen TV

Residents are welcome to bring personal items from home such as pictures, books and ornaments.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist district nurses
- Pet therapy
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- aromatherapy
- visits to a dentist
- eye care from an optician
- on-site hairdresser



Shared areas around the home

There are lots of places to relax or socialise with others here. Residents can enjoy a little pampering in our on-site hair salon, or enjoy a drink at the on-site Court Jester bar which also hosts a weekly pub quiz.

They can even reminisce in the 'Court Express' a virtual train station where various destinations can be achieved on the big screen, with a station cafe opposite to enjoy a drink and cake.

Outside, they can enjoy the fresh air on the terrace or stroll around our landscaped gardens, where there's also a pretty summerhouse. The choice is always theirs.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

0121 667 6958

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

Life at Ardenlea Court

Our home is a friendly, caring community where everyone is welcome, including friends and family. The food is good, there's plenty to do, and there are new friends to be made.



Activities

We have two coordinators who plan a range of enjoyable activities, including many for residents who are less mobile. For example:

- painting classes and crafts
- baking sessions
- quizzes and games
- visiting entertainers such as singers and dancers
- gentle exercise sessions
- supported walks to the local shops
- flower arranging and knitting
- pamper sessions, including manicures
- themed events for days like Remembrance Sunday



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Delicious meals and snacks can be enjoyed in our social dining area or in the comfort of the resident's own room. And we always make sure there are plenty of favourites on the menu.

When they move in, we talk to each resident about their likes, dislikes and any special dietary requirements.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, we have a choice of cold snacks available at any time.



Issued May 2023



Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and also tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“Ardenlea Court is our first experience of a care home but the care my mother receives means that we have not needed to look elsewhere. There are many interactive activities that ensure residents are stimulated and involved with their environment and excellent meals. My mother is happy, safe and well cared for.”

Daughter of resident, November 2023
Source: carehome.co.uk



Visiting Ardenlea Court

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're just 200 yards from the A41 and 100 yards from Solihull Hospital, and there's plenty of on-site parking. There are two Bupa care homes close to each other: we're just a little closer to the A41 than Ardenlea Grove Care Home.

To arrange a visit or to find out more, call us on

0121 667 6958

bupa.co.uk/ardenlea-court

 [BupaCareHomeArdenleaCourt](https://www.facebook.com/BupaCareHomeArdenleaCourt)

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Ardenlea Court Care Home

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