



Arbroom House

Your local Bupa care home
in Esher.



Set in superb gardens with a lake

Here in our beautiful period home, surrounded by woodland, we welcome those with a wide range of nursing or residential care needs.

We're just a mile from the attractive town of Esher and close to Sandown Park Racecourse. There are several golf courses nearby, and we're also within easy reach of the National Trust's Claremont Landscape Garden and The Homewood.



Our outstanding care team

At Arbrook House, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.

“Not only did my family and I feel my father was having the best care he could possibly have in difficult circumstances but we were touched by the kindness and sympathy shown to us as well. The staff were always prepared to go the extra mile. Without doubt, they put the care in the term care home.”

Daughter of resident, June 2023

Source: carehome.co.uk



What we offer

Our lovely home is spacious indoors and out, with magnificent grounds. A large terrace at the rear overlooks landscaped gardens and lawns which lead down to our very own natural lake. Residents are delighted when they spot rabbits, foxes and sometimes even deer roaming around.

Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative
- Day care

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 40 rooms, two of which are very spacious. You can also expect:

- en suite W/C or W/C with shower
- shared bathrooms around the home
- garden view from many rooms
- flat screen TV
- telephone point (bills payable)

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Visits from specialist nurses
- Speech and language therapy
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

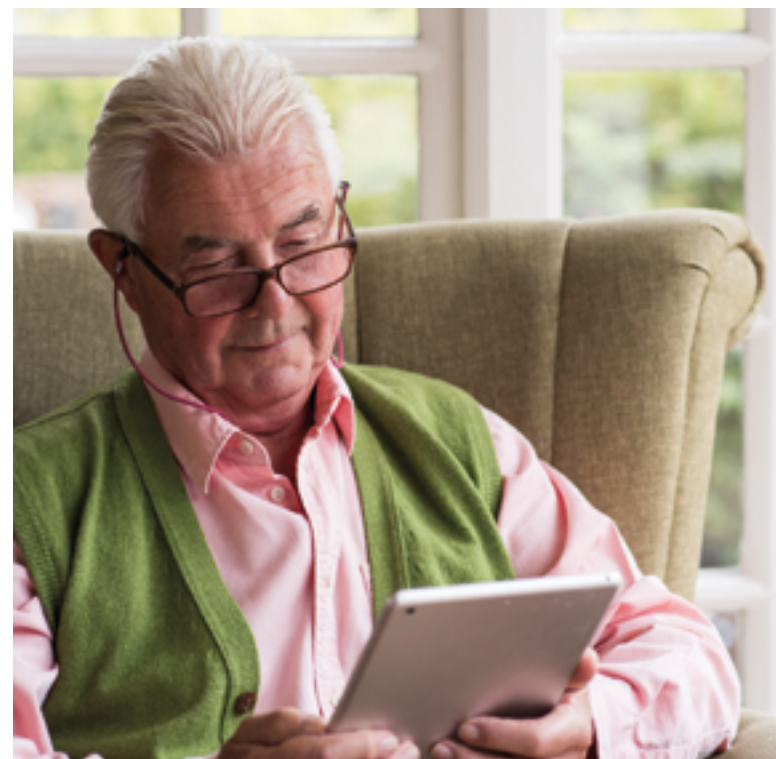
- chiropody
- visits to a dentist
- eye care from an optician
- physiotherapy
- aromatherapy
- on-site hairdresser



Shared areas around the home

There are lots of places to relax here. Residents can enjoy having their hair done in the salon, settle down with a book in our cosy library area, or have a chat over coffee in one of our lounges or the conservatory.

For a little exercise, they can use our physio area or go for a stroll in our beautiful grounds where they'll find a lovely sensory garden. The choice is theirs.



Independent living suites available

For anyone looking for independent living with the reassurance of close by support, or couples that would like to stay together, our two apartments are perfect.

Each one has a spacious lounge with a dining area, a kitchen, well-decorated bedroom and shower room.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information 01372 886 556

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

Life at Arbrook House

There is so much to enjoy here in our small and friendly community. The food is good, and there are lots of opportunities for social interaction, activities and relaxation. Residents benefit from a high standard of care and real friendship from warm and attentive staff.



Activities

Our coordinators plan a range of enjoyable activities for all our residents, according to their care needs and mobility. These include:

- visiting performers, such as opera singers, pianists and guitarists
- ballroom dancing
- arts and crafts
- quizzes, bingo and games
- film club
- weekly minibus outings to places chosen by residents
- gentle exercise sessions
- visits from a local animal farm



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Good food is so important, for so many reasons. That's why our chef prepares delicious meals and snacks for residents to enjoy in our social dining area or in the comfort of their own room.

There are plenty of favourites on the menu, but we also talk to each resident when they move in about their likes and dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have a small area where families can host private events, such as birthday parties or anniversaries. We'll just need to know in advance.



Issued Feb 2022



Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call the day before, and tell us about any dietary requirements.



"I am endlessly grateful for the care, respect, and dignity that my father received and also for the time, advice, and support I received from staff after my father passed away. I will forever hold Arbrook House and its staff in high praise."

Son of resident, March 2023
Source: carehome.co.uk



Visiting Arbrook House

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're half a mile from the A3, with plenty of on-site parking. Nearby station, Claygate has trains to Guildford or London Waterloo, while Esher station is on the line between Waterloo and Woking.

To arrange a visit or to find out more, call us on

01372 886 556

bupa.co.uk/arbrook-house

 BupaCareHomeArbrookHouse

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Arbrook House Care Home

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