



Suite 4
 Avebury House
 55 Newhall Street
 Birmingham
 West Midlands
 B3 3RB



M&N Healthcare

At M&N HEALTHCARE we pride ourselves on providing the best possible care available.

- Free care assessment
- High quality experienced staff
- Quality assurance processes
- Client needs & wishes are continuously maintained through close contact



And all our staff are fully vetted and CRB checked so you can rest assured you are in safe hands

We provide a wide range of personal care services

When faced with illness or immobility, it can be a struggle to carry out everyday activities that you may have once performed with ease. Sometimes extra support is needed and receiving personal care services is very often a natural progression.

Our personal care services are designed to support you with your day-to-day living, helping you continue to remain independent at home. All our personal care services can be delivered at a time to suit you and you have the flexibility to alter your services at any time



PERSONAL CARE SERVICES

- Getting up and dressing ready for your day
- Washing, bathing or showering
- Shaving or beard trimming
- Oral hygiene
- Hair washing and drying
- Wardrobe management and choosing what to wear for the day
- Undressing at bedtime and getting you into bed
- Support in taking prescribed medication – prompting or administration
- Toileting – including continence care and changing continence pads
- Support using a commode
- Catheter and stoma care

OUR SERVICES

10% off for the first week of service



We also provide carer for Nursing Home, Care Home and Day centre helpful consultants reachable 24 hours a day

Domestic Care
Domicialist Care
Dementia/Alzheimer
Personal Care
Companionship
Physical Disabilities
Palliative/End of Life
Enablement
Learning disabilities
Live In Care

We specialise in covering urgent ASAP shift requests with our new dynamic booking systems

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