

Sandiacre Court

Activities Plan

Daily Activities	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Coffee morning	Exercise club	Walking club	Sewing club	Sing a long	Exercise club	Coffee morning
	Sing a long	Quiz	Crafts	Coffee morning	Crafts	Newsletter club	Pebble art class
Afternoon	Meditation club	Knit & natter	Music club	History club	Walking club	Theraputics	Sing a long
	Film club	Sensort theraputics	Film club	Reminiscing	Film club	Craft club / Games & quiz	Dancing class