

What's On

Your bi-monthly guide to what's on at **Belong Chester**

September / October 2024

Experience Days

Free day care 'taster' session



Perfect pumpkins

Fun Halloween competition



B's memory café

B's Café offers a warm and welcoming space where families, friends and carers can come together with their loved ones over a lovely cup of tea or coffee and cake!

Sessions are hosted by Belong Admiral Nurse, Caroline Clifton in conjunction with the village experience team. Join us in The Venue, on Wednesday 18 September from 2pm - 4pm in support of Alzheimer's month.

This session will have an interactive presentation from Caroline, to raise awareness and understanding, offering support to individuals and families. All attendees will also receive a complimentary activity pack to support and encourage engagement at home. There will be a further session on Wednesday 23 October, from 2pm - 4pm. For more information or to book a place, please contact reception on 01244 44 55 00.



Coffee afternoon

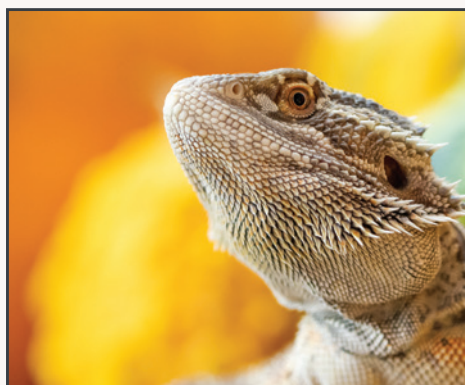


On Friday 27 September at 2pm, our Belong at Home and Experience Day teams will be hosting a coffee afternoon to fundraise for Macmillan Cancer Support. You are invited to come along and join in with games, crafts and indulge in a treat from our bake sale. Have fun whilst raising money for a good cause!

Arts in Care Homes

Explore your creative side in The Venue, on Tuesday 24 September at 2pm, and enjoy the opportunity to express what 'home' means to you.

During this special afternoon we will be highlighting the benefits of the arts, creativity and reminiscence within our village and showcasing our unique creations made throughout the month. It's a lovely chance to meet new people, share your stories and contribute your own piece of art to our 'home' inspired collection. It's free to take part so, contact Charlotte Parton on 01244 445500 for more information and to book.



Reptiles off Roadin!

Join us on Thursday 31 October, at 2:30pm in The Venue, as we celebrate Halloween with some spooktacular creatures!

We look forward to welcoming 'Reptiles off Roadin' for an opportunity to get up close with a variety of unusual, yet beautiful animals. Cost £5; don't miss out on this unique opportunity, call the village on 01244 44 55 00, to book your place early!



Buzz words

We are buzzing to announce that we will be joined by a local beekeeper in The Venue, on Wednesday 4 September at 2:30pm, to learn all about the honeybee. Ever wondered about their life cycle and how honey is made, or would you like to see a natural honeycomb? During this talk we will taste test honey and learn why bees are so very important to our planet. Free entry; booking essential.

B's memory café

Join us during
Alzheimer's month



Reptiles off Roadin!

Hands-on experience
with unusual creatures



BELONG
CHESTER

We welcome members of the whole community



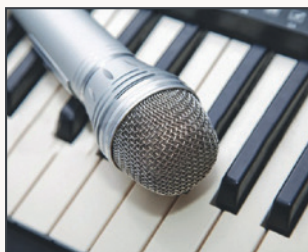
Perfect pumpkins

Get in the spirit for
Halloween and join us at our
pumpkin carving session, on

Monday 28 October from 2:30pm, in The Venue. Decorate your own pumpkin and let your imagination go wild! Your ghoulish creations will be entered into our competition and the most impressive pumpkin will win a special prize! Cost £5, to include pumpkin materials; booking essential.

Music memories

On Wednesday 11 September, from 2pm, join us in The Venue for a truly interactive performance with Tony Boyle, who returns to play all your favourite tunes from across the decades. We invite you to sing and dance along, and play a variety of instruments. The session costs £3pp and everyone is welcome to join in. Please contact the village to book in advance.



Community exercise



Join our resident exercise specialist, Louise Warr, every Monday at 2:30pm in The Venue, for fun, interactive, chair-based exercises. The sessions are a great way to improve general mobility, balance and strength and your overall wellbeing, whilst

listening to some lively music to get you moving!
Cost £3; booking required.

The Salon

The Salon at Belong Chester is open to members of the public and offers a range of hair and beauty treatments for ladies, gents, and children. Contact the village reception on 01244 445500 to request a price list and book your appointment today!



Experience Days

Try our popular Experience Days service, with a free 'taster' session. Belong's specialist day care service offers meaningful occupation and the chance to get involved in our community. Available from 10am - 4pm, Monday to Friday, the service costs £86.50 per session, which includes refreshments throughout your stay, lunch in The Bistro and access to our specialist gym (additional charges apply). Call Experience Coordinator, Charlotte Parton, on 01244 445500 to book your free 'taster' session and for further details.



Harvest festival



Every year, Belong Chester organises a 'Shopping Basket' filled with preserved

food, toiletries, clothing, and other essentials to support people who are homeless in the Chester community. We hand-deliver these essentials to a local charity, making a direct impact on those in need. If you would like to contribute to this worthy cause, please bring your donations to the village throughout September.

The Bistro

The Bistro is open seven days a week, from 8am to 5pm and offers a variety of breakfast and hot meal options until 3pm, where you can choose from our delicious daily specials, or fixed menu. Don't miss our Fish Fridays, or succulent Sunday roasts, with tempting homemade cakes to end the perfect meal!



Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Co-ordinator, Charlotte Parton, or email: charlotte.parton@belong.org.uk



For more updates of special offers and events follow us on Facebook, Instagram and X.