

Your bi-monthly guide to what's on at Belong Warrington

September / October 2024

B's memory café Free dementia support groups



Halloween celebrations Food, fancy dress and frighteningly good fun!







Join our club

If you're passionate about sports or photography, join our club! Members of the wider community are invited to join us as we launch two new monthly clubs which we'll host at the village this autumn, with a line-up of guest speakers to get the conversation flowing.



Meet our furry friends, during a hands-on experience, and enjoy a delightful afternoon on Tuesday 3 September.

Join us from 1:30pm - 3:30pm, when these gentle creatures from Woodland Farm will be making their way around the village, meeting and mingling with residents, tenants, and customers. There is also a wonderful opportunity to walk them around the garden from 2:30 - 3:30pm! Cost £5pp; booking required.



Wear yellow



Join us in observing World Suicide Prevention Day on Tuesday 10 September, by wearing yellow to show your support. We encourage everyone to don a touch of yellow and make a meaningful impact. Donations can be made to support PAPYRUS, a charity dedicated to preventing young suicide.

Talk sport

Discuss all things sports-related at our new 'Talk Sport' club.

We will be dissecting past games as well as speculating on upcoming ones, watching highlights, throwing in activities such as 'Spot the ball' and much more. Sessions will take place on Wednesday 4 September and Wednesday 18 September, from 5pm – 6:30pm.

Photography club

This new club will look at iconic images from a range of photographers.

We will be discussing the evolution of photography and there will be the chance to bring along your own pictures. Sessions will take place on Wednesday 11 September and Wednesday 25 September, from 5pm – 6:30pm.



Celebrating grandparents



This Grandparents Day, we invite you to bring your grandparents to The Bistro for a special treat! On Sunday, 6 October, we're celebrating the amazing role of grandparents with a complimentary cake and coffee for them. We look forward to making this day memorable for you and your loved ones!





Join our club Talk sport and photography launch



We welcome members of the whole community

B's memory café

B's memory café invites you to a welcoming and supportive environment, perfect for those living with dementia and their caregivers, where you can access specialist support whilst enjoying cake and refreshments. The



next sessions will be held on two dates on, Tuesday 24 September and Tuesday 29 October, from 2pm – 4pm, in The Venue. Come and meet Belong Admiral Nurse, Caroline Clifton, who will be on-hand to provide expert advice and support, whilst engaging in dementiafriendly activities designed to stimulate and entertain. The memory café is free of charge, and no booking is required. To find out more, or to book, call us on 01925 593800.

Therapy Suite relaunch



We're excited to announce that our Therapy Suite is now open! Whether you're looking for relaxation or a beauty boost, there are a range of treatments on offer, including, facials, manicures, pedicures and more.

For more information on appointments, pricing, and available treatments, please contact Andrea directly on 07588 291981, or email info@cheshireclassiquenails.com.

Award-winning home care

Following the recent expansion of our team, we are thrilled to be expanding our service in Warrington and the surrounding areas! As a Top 20 home care service, rated 10 out of 10 on homecare.co.uk based



on customer reviews, we are dedicated to enabling people to continue to enjoy life in their own home and community. Contact us today on **01925 593800** or email: homecare@belong.org.uk.

Volunteer opportunities



Are you looking to make a meaningful impact in your community? We have a variety of exciting volunteer opportunities that could be perfect for you! Volunteering offers not only the chance to

make a difference to the lives of older people but also to gain valuable experience, meet new people, and share your skills. From assisting at community events to supporting our programmes, your involvement will make a real difference. To learn more about our volunteer roles and how you can get involved, visit our website or contact us directly. Join us today and become a valued member of our community!

Experience Days

Our Experience Day service supports people in the community to access the village events and activities programme, and get to know their local village team, whilst offering some respite



to usual carers. Typically running from 10am – 4pm Monday to Friday, the service costs £86.50 per session which includes activities, lunch in The Bistro, snacks and drinks, and access to our specialist gym (separate charges apply). Contact Louise Kelly on 01925 593800, to book a free 'taster' session and experience the benefits of this service for yourself.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, Louise Kelly, or email: **Iouiseann.kelly@belong.org.uk**



For more updates of special offers and events follow us on Facebook, Instagram and X.