

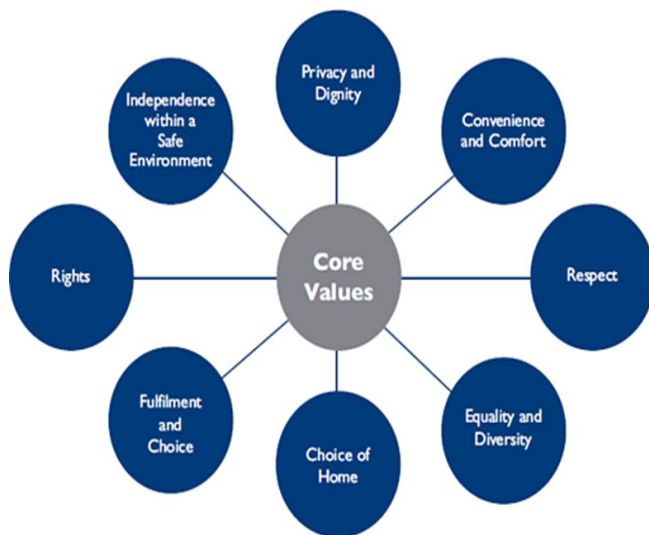
ST CLARE'S CARE HOME

AT ST GEORGE'S PARK

Ditchling Common, Burgess Hill, RH15 0GU



There to care ...



St Clare's is a purpose-built, state-of-the-art Care Home, located in the grounds of St George's Park. The home offers the best in modern facilities, combined with the traditional principles of care which has been offered by the Augustinian Sisters at St George's since 1868.

The Sisters can offer pastoral care to the residents and also accompany them on weekly visits to the on-site Chapel if desired.

The Home on Ditchling Common is in an area of outstanding natural beauty and has views of the South Downs and across the 250 acres of gardens and farmlands, much of which is accessible to wheelchair users, making it ideal for friends and family to take residents for a stroll through the beautiful countryside.



St Clare's and one of the views across the grounds



Bedrooms

The home is built over two floors and offers sixty single en-suite bedrooms, which are all furnished to a high standard including built-in wardrobe and dressing table.

The rooms are all over 20 square metres with spacious en-suite which consists of wash hand basin, WC and level access shower, which are ideal for wheelchair users, if required.

We actively encourage our residents to bring treasured items and possessions and of course are pleased to welcome family and friends to visit at any time. All this helps to make it your home rather than just a room.



Communal Areas

There are numerous cosy communal lounges which accommodate approximately 10 residents; these are furnished with TV's and radios and all have adjoining kitchenettes where light refreshments may be prepared, ideal for a family gathering.

The large dining room can accommodate all the residents and has the facility of an adjoining lounge with large screen TV and a small bar area, allowing residents to socialise when away from the more homely lounges. The dining room leads out onto a large garden area, offering views across the grounds of St George's Park, perfect for alfresco eating or just sitting enjoying a warm summer day. All paths have recently been laid with rubberised material for extra safety.



Nutrition

Our Chefs provide an excellent and varied menu to meet the nutritional needs of our residents and are pleased to cater for individual dietary requirements. Seasonal local produce is used to ensure residents are offered tasty options throughout the year.

Unusually for a Care Home, we offer the choice of three hot meals a day, light cooked breakfast, three course lunch and a hot evening snack. Celebrations are organised for Birthdays and Anniversaries with relatives and friends encouraged to attend these special occasions. *St Clare's received a 5 rating on the new Food Hygiene Rating Scheme.*



Facilities

St Clare's has its own hairdressing salon where residents can make an appointment with a qualified hairdresser who makes regular visits.

The Home also has a Prayer Room where residents can spend time in prayer or quiet contemplation.

The shop is stocked with a range of everyday items such as toiletries and cards and enables residents and visitors to make purchases.

Activities & Leisure

There is a large activities room, with a superb balcony where residents can continue to follow their own hobbies or take part in various planned events. St Clare's has its very own Activities Organisers who spend time with the residents to ensure that there are varied and interesting options available. The activities include an art class, film shows and keep fit. Gardening troughs have recently been introduced which allow residents to grow their own flowers and vegetables.

Residents can also visit the animals on our farm, which include miniature ponies, donkeys, alpacas and cattle and water buffalo.

Musical entertainment is particularly popular and this is provided by outside entertainers. Reminiscence therapy in small groups is also a regular event. Residents who lack mobility are offered passive exercise on a one-to-one basis.



Visitors

The Home welcomes visitors and residents have an opportunity to meet with them in private or with others, as they desire. Residents have the chance to enjoy refreshments with their families and arrangements are made for special occasions such as birthdays. Residents are encouraged to go out for visits and trips with their relatives and friends.

We now also offer additional means of communications for family & friends, these range from our on-line portal (Relatives Gateway) where you can review your loved one's care, Skype or FaceTime and our visiting pod for when restrictions may apply.



Care Technology

At St Clare's we are always looking at ways to enhance the level of care we are able to give to our residents. We have integrated two new systems to compliment the personal touch of our staff.

Person Centred Software (PCS)

We use a Mobile Care Monitoring system. This is a fully mobile and easy to use digital care management system. When using this icon-driven software, on average we make over 50 care notes per resident per day, which just isn't possible on paper or many other systems.

Our person-centred digital care system reduces time spent on paperwork with care interactions evidenced as they happen, giving staff more time to spend with residents, supporting regulatory compliance and improving the quality of care for residents.

Ally's Resident Monitor

At night we use Ally Resident Monitors which uses sensors and AI to monitor our residents when alone in their rooms during the night. The system alerts staff instantly when residents require care, freeing staff from time-consuming regular checks that often wake up sleeping residents.

Ally releases up to forty percent of staff time during the night, reduces resident falls up to fifty five percent and decreases hospital visits up to twenty percent.

(Use subject to resident/family consent)

Both these systems enhance the level of care we are able to give our residents whilst at the same time making the home a safer environment.

Service Category

The Home is registered with the Care Quality Commission (CQC) for care with nursing for 60 residents of both sexes. It provides nursing care for elderly people living with dementia type conditions and confusion.

For further information on admissions criteria please call 01444 873730/1

Staff at the Home have attained Platinum Accreditation for the Gold Standards Framework for End of Life Care.

The Organisation has been awarded Regional Workforce Developer 2022 by Sussex Chamber of Commerce



Our Manager: The Registered Manager at St Clare's is Judith Juan:



Qualifications and experience of Registered Manager:

- RN; NVQ Level 4 in Management
- 2002-2004 - Staff Nurse, Milton Keynes NHS Trust
- 2004-2009- Staff Nurse, St. Clare's
- 2009- 2017 - Deputy Manager, St. Rita's Care Home
- 2017-2018- Unit /Deputy Manager, Kingsclear Care Home
- 2018-2019- Staff Nurse St. Mary's and St. Clare's Care Home

Augustinian 
Care

Contact Us

If you or any member of your family wish to visit St Clare's to view the facilities, service and care on offer, then please call 01444 873730/1 and we would be delighted to book you an appointment.

St Clare's

St George's Park
Ditchling Common
Burgess Hill
RH15 0GU
Tel: 01444 873730 or 01444 873731

www.anh.org.uk

