







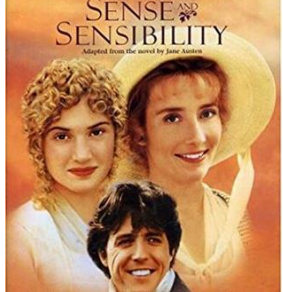


ACTIVITY PROGRAMME AT COTMAN HOUSE

<p>Monday 29th January</p>	 <p>Coffee Morning 11:00am – Café</p>	 <p>Memory Games 02:00pm – Activity Room</p>	
<p>Tuesday 30th January</p>	 <p>Learning 4 Fitness 11:00am – Activity Room</p>	 <p>Team Games 02:00pm – Activity Room</p>	
<p>Wednesday 31st January</p>	 <p>Armchair Exercises 11:00am – Activity Room</p>	 <p>Armchair Travel: France 02:00pm – Activity Room</p>	
<p>Thursday 1st February</p>	 <p>Toddler Group 11:00am Activity Room</p>	 <p>Pamper Club 02:00pm – Salon</p>	 <p>Movie: Sense and Sensibility 06:30pm – Cinema</p>

<p>Friday 2nd February</p>	 <p>Penny & Lily the Dog 11:00am – Activity Room</p>	 <p>Writing Club 02:00pm – Activity Room</p>
<p>Saturday 3rd February</p>	<p>No planned Activities: Why not have a coffee in the Activity Room?</p>	 <p>Armchair Exercises 02:00pm – Activity Room</p>
<p>Sunday 4th February</p>	<p>No planned Activities: Why not have a coffee in the Activity Room?</p>	 <p>Sunday Sing-a-long 02:00pm – Activity Room</p>