



Your Home

Apple Trees Care and Reablement Centre
Care you can Trust



A Warm Welcome

As the Home Manager of Apple Trees Care and Reablement Centre, I would like to warmly welcome you to our home in Grantham.

It is our vision that the people who live at Apple Trees maintain their daily living skills and remain connected with their own communities while being a part of ours.

We offer a friendly, comfortable environment with a person-centred approach to care where it's all about you.

My team and I are always available to answer any questions about Apple Trees and the lifestyle it can offer you.

I look forward to welcoming you soon.

Sal Barton



It's All About the Care

Personal care at its heart

Our residents are at the heart of everything we do and their wellbeing is paramount. We pride ourselves on delivering care to the highest standards. We try to learn as much as possible about each person who lives with us, so that we can provide them with care and support tailored to their individual needs and preferences.

A home with warmth and understanding

We believe that our residents should enjoy life in an atmosphere of warmth and understanding. Residents are cared for by people who appreciate their need for privacy and who will respect their dignity and freedom of choice.

Working closely with Dementia UK

We are among the first care providers to employ our own specialist Admiral Nurses and have been leaders in exploring other innovative ways of caring for people living with dementia, such as themed destination areas and meaningful activities.

Compassionate, professional and friendly

At Apple Trees we offer compassionate, individualised residential, respite, dementia and day care for up to 64 residents in a relaxing, friendly and comfortable household. We believe our professional expert care team are the best people to provide the personal care you need.

The Orders of St John Care Trust (OSJCT)

OSJCT is one of the UK's leading not-for-profit care organisations working solely to provide high quality care for older people.

Our care is underpinned by the ethos of our sponsoring Orders, The Sovereign and Hospitaller Order of Malta and The Venerable Order of St John of Jerusalem.

Drawing on their 1000 year history of care, they nominate volunteer Trustees to help to ensure the quality of our care runs through everything we do.



Apple Trees

The specialist home environment has been designed specifically to enhance the quality of life of our residents and those living with dementia and incorporates a number of features to promote reminiscence as therapy.

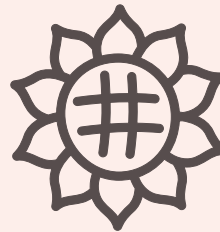
Wellbeing and comfort

The home has been designed with your wellbeing and comfort in mind. Cosy lounges and conservatories are available to relax in, as are secure terraces and gardens to take advantage of on sunny days. A range of social activities take place daily for your enjoyment. If you'd like a little more privacy, then your own spacious bed-sitting room, with en-suite 'wet room' shower facilities, offers a peaceful oasis.

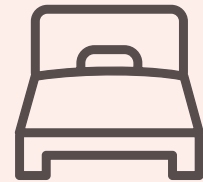
A friendly, professionally trained team

A friendly, professionally trained team are on hand around the clock to give you the support you need, when you need it. If you like to lead a fulfilling and independent lifestyle, we are here to support you, however you wish to spend your day.

Apple Trees specialises in:



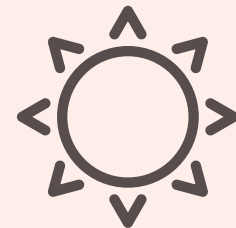
Dementia Care



Residential Care



Respite Care



Day Care



“ My mother’s care has been exemplary. The staff and management are superb and always give one hundred percent - nothing is too much trouble and they are always on hand to chat to if needed. A marvellous place!”

Apple Trees Care and Reablement Centre offers a unique home environment. The private bedrooms are your personal haven and there are comfortable and homely living areas, including beautifully furnished lounges, kitchen and dining room.

Within the home there are four households:

- Braeburn
- Buckingham
- Macintosh
- Topaz

If you are joining us for day care you will be able to enjoy all of our facilities including; our delicious home-cooked meals, daily activities, and use of our café, lounge and library areas.

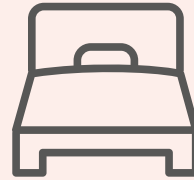


Your New Home

Apple Trees offers you:

- A hairdressing salon
- A café
- A library area
- A residents' shop
- A dedicated Activities Co-ordinator
- A visiting chiropodist, dentist and optician
- Freshly home-cooked meals
- A laundry service
- A minibus
- Beautiful gardens with seating areas
- Raised vegetable and herb beds
- Regular resident and relative forums

Each room offers:



A private bed-sitting
room



An emergency 24
hour call system



En-suite shower
rooms



Plenty of space to
personalise your
room with your own
things from home

Tasty, Home Cooked Meals

A talented chef and kitchen team prepare tasty, home-cooked meals. The freshly prepared, delicious dishes are carefully balanced to get the best nutritional value, and cater for individual dietary requirements and preferences. Seasonal produce is chosen whenever possible and of course, relatives and friends are always welcome to join.

The menus change daily and the kettle is always on, so hot drinks are available throughout the day.

A personal dining experience

Each of the four households have their own personal kitchen-dining room where residents can take their meals if they wish.

Residents are also encouraged to help prepare their own food, and to make drinks or snacks with the support of our caring team.

What this includes:



Nutritional
meals



Friends and family
can join



Snacks readily
available



Cater for individual
dietary requirements



“ I am always asked what I would like to do and I enjoy taking part in trips and activities with my friends. We have lots of singalongs which I really enjoy.”



Activities to Enjoy

We understand how important it is to have daily activities to take part in and enjoy.

Our dedicated Activities Co-ordinator organises a wide programme of events around each person's requests, hobbies and interests. The team will be delighted to assist you to continue with existing hobbies, as well as give you the opportunity to try something new if you would like to.

We make sure everyone can enjoy themselves to the fullest, be that with arts and crafts, a coffee morning or more individual pursuits. Visits from outside entertainers happen regularly and the home also has its own minibus for trips out and about.

Each resident receives one-to-one time with the Activities Co-ordinator and support workers to maintain their hobbies and life skills.

A typical daily activity schedule might include any of the following:

- Coffee morning
- Gents' Club
- Summer Fete
- Trip to local equine centre
- Trip to local garden centre
- Visiting entertainers
- Seated exercise classes
- Back to School Day
- Animal therapy and workshops
- Harvest Festival
- Birthday parties
- Christmas party

Your Care Team

All of our Care Team are professionally qualified and trained to the highest standards.
Every member of the team holds the Care Certificate.

General Manager

As head of the home, the Manager ensures the smooth running of the home and that all the team are providing the best possible environment for every resident.

Care Service Manager

Experts in all aspects of care, the Head of Care is focused on the care delivered in the home and quality of life for all residents.

Activities Co-ordinator

Providing a wide programme of events, a personal activity plan with goals, and delivering activities that are meaningful and resident focused.

Dementia Lead

Responsible for ensuring everyone is up-to-date on the latest learning on dementia and for championing the best quality care for residents with dementia.

Support Workers

Our professional and expertly trained support workers are on hand around the clock to ensure all residents enjoy a fulfilling and independent lifestyle.

Admiral Nurse

Registered nurses, who are supported by Dementia UK, specialise in dementia care and are available to support families and carers of those affected by dementia.

Housekeeping Team

Maintaining a spotlessly clean home with a smile, all our Housekeeping Team ensure the home is spick and span in your rooms and in communal areas.

Handy Person

Responsible for the maintenance of both the home and the garden, our Handy Person is always available to help with practical tasks should you need it.

Chef

Our Chefs enjoy producing healthy, home-cooked meals for our residents, and are on hand if anything is needed for a special occasion or celebration.

Apple Trees at a Glance



See for Yourself

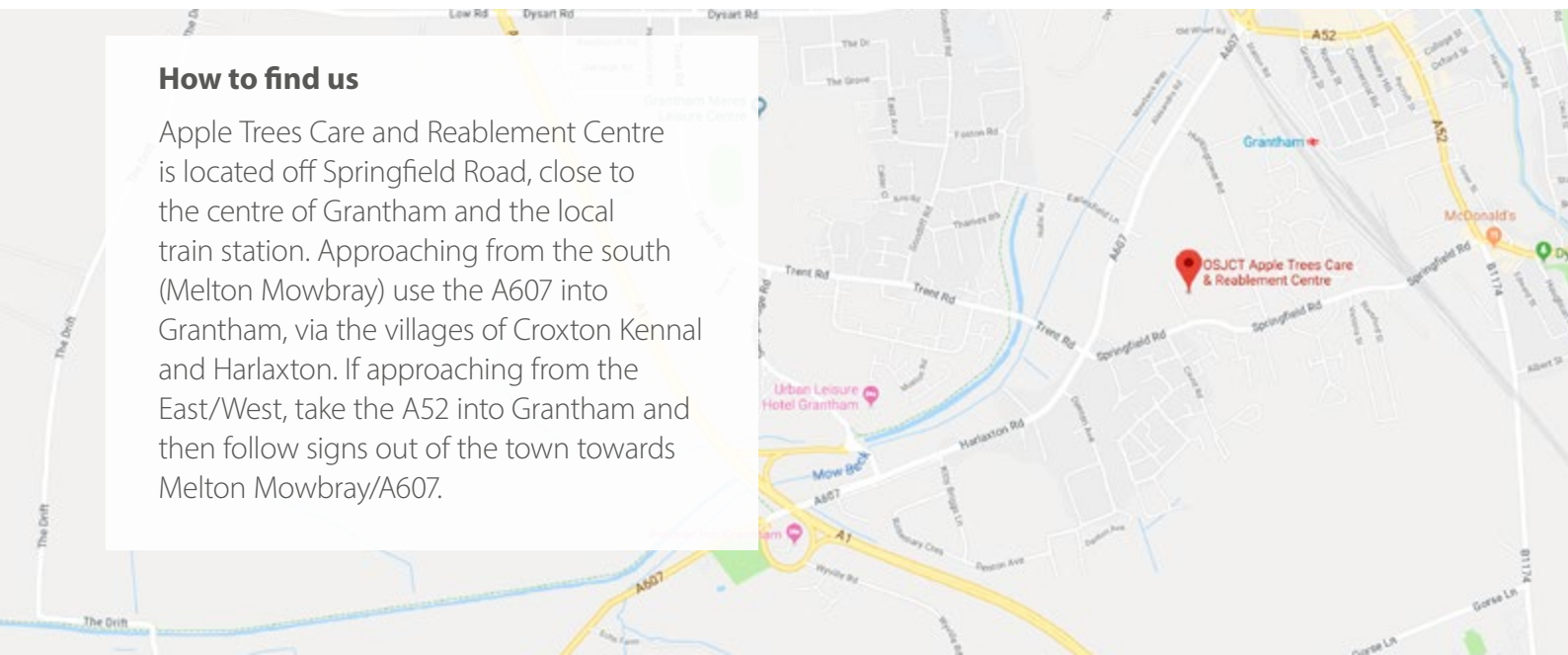
We would really love to meet you and show you around Apple Trees. To make sure we have plenty of time to find out about your needs and introduce you to the key members of the team, we recommend you contact us in advance to book an appointment.

Alternatively, we welcome you to drop in and see us if you are passing.

We also organise regular events to meet potential residents. If you would like to join our mailing list to find out more about these, please visit our web page to sign up.

How to find us

Apple Trees Care and Reablement Centre is located off Springfield Road, close to the centre of Grantham and the local train station. Approaching from the south (Melton Mowbray) use the A607 into Grantham, via the villages of Croxton Kennal and Harlaxton. If approaching from the East/West, take the A52 into Grantham and then follow signs out of the town towards Melton Mowbray/A607.



Choosing a Care Home Checklist

	Y	N		Y	N
First impressions: Is the outside of the home well kept and tidy?	<input type="checkbox"/>	<input type="checkbox"/>	Dining: Can residents eat when they want to?	<input type="checkbox"/>	<input type="checkbox"/>
Is the home clean and well maintained?	<input type="checkbox"/>	<input type="checkbox"/>	Are residents offered a choice of menu options for each meal?	<input type="checkbox"/>	<input type="checkbox"/>
Care provided: Does the home provide the right type of care for your needs?	<input type="checkbox"/>	<input type="checkbox"/>	Can meals be eaten in a resident's room if desired?	<input type="checkbox"/>	<input type="checkbox"/>
Do health care professionals such as opticians, chiropodists and physiotherapists visit the home?	<input type="checkbox"/>	<input type="checkbox"/>	Visiting: Are there set visiting times or are visitors welcome at any time?	<input type="checkbox"/>	<input type="checkbox"/>
Does the home have suitable equipment and facilities such as baths, hoists, electrically operated beds and wheelchairs?	<input type="checkbox"/>	<input type="checkbox"/>	Can visitors dine with their relative/friend?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a hairdresser based at the home or one who visits on a regular basis?	<input type="checkbox"/>	<input type="checkbox"/>	Is there a relatives'/friends' forum?	<input type="checkbox"/>	<input type="checkbox"/>
Do staff get to know residents and understand their personal likes/dislikes/needs?	<input type="checkbox"/>	<input type="checkbox"/>	Activities: Is there a dedicated Activities Co-ordinator or Activities Team in the home?	<input type="checkbox"/>	<input type="checkbox"/>
Do staff appear friendly, approachable and caring?	<input type="checkbox"/>	<input type="checkbox"/>	Leisure and wellness: Are individual activities available for residents who are not able to, or who do not wish to, participate in group activities?	<input type="checkbox"/>	<input type="checkbox"/>
Bedroom/Communal area: Are the bedrooms clean and well decorated?	<input type="checkbox"/>	<input type="checkbox"/>	Care Quality: Is the home's latest CQC inspection report available to read?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a variety of living spaces such as lounges, quiet rooms and dining rooms?	<input type="checkbox"/>	<input type="checkbox"/>			

Our Homes in Your Area

Gregory House

Welby Gardens
Grantham
Lincolnshire
NG31 8BN

osjct.co.uk/gregoryhouse

Digby Court

Christopher's Lane
Bourne
Lincolnshire
PE10 9AZ

osjct.co.uk/digbycourt

Come and see us

To book an appointment, or to attend one of our regular events, please contact us on:

Tel: 01476 542700

Email: enquiries@osjct.co.uk

Web: osjct.co.uk/appletrees

Address

Arlington Gardens
Grantham
Lincolnshire
NG31 7GQ



The Orders of St John Care Trust is a not-for-profit charity
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