



Your Home

The Lakes Care Centre
Care you can Trust



A Warm Welcome

At The Lakes Care Centre, we appreciate that no two residents are the same. Our compassionate team ensures each resident receives care that is tailored to their individual needs.

We want our residents to feel at home at The Lakes Care Centre and it is important to us that they feel part of the family. Here you will hear laughter, be able to continue existing hobbies and start new ones.

It is our vision that the people who live at The Lakes Care Centre remain connected with their own communities whilst being a part of ours.

Our dedicated team are on hand to support you and your family and we look forward to meeting you.

The Lakes Care Centre Team



It's All About the Care

Personal care at its heart

Our residents are at the heart of everything we do and their wellbeing is paramount. We pride ourselves on delivering care to the highest standards. We try to learn as much as possible about each person who lives with us, so that we can provide them with care and support tailored to their individual needs and preferences.

A home with warmth and understanding

We also believe that our residents and day care visitors should enjoy life in an atmosphere of warmth and understanding. Residents are cared for by people who appreciate their need for privacy and who will respect their dignity and freedom of choice.

Working closely with Dementia UK

We are among the first care providers to employ our own specialist Admiral Nurses and have been leaders in exploring other innovative ways of caring for people living with dementia, such as themed destination areas and meaningful activities.

Compassionate, professional and friendly

At The Lakes Care Centre we offer compassionate, individualised day care, respite, residential and dementia care for up to 64 residents in modern, friendly and comfortable households. We believe our professional expert care team are the best people to provide the personal care you need.

The Orders of St John Care Trust (OSJCT)

OSJCT is one of the UK's leading not-for-profit care organisations working solely to provide high quality care for older people.

Our care is underpinned by the ethos of our sponsoring Orders, The Sovereign and Hospitaller Order of Malta and The Venerable Order of St John of Jerusalem.

Drawing on their 1000 year history of care, they nominate volunteer Trustees to help to ensure the quality of our care runs through everything we do.



The Lakes Care Centre

The specialist home environment has been designed specifically to enhance the quality of life of people living with dementia, and incorporates a number of features to promote reminiscence as therapy.

Wellbeing and comfort

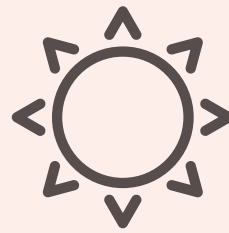
The home has been designed with your wellbeing and comfort in mind. Cosy lounges are available to relax in, as are secure terraces to take advantage of sunny days. Social activities take place daily for your enjoyment. If you'd like a little more privacy, then your own spacious bed-sitting room, with en-suite 'wet room' shower facilities, offers a peaceful oasis.

A friendly, professionally trained team

A friendly, professionally trained team is on hand around the clock to give you the support you need, when you need it.

If you like to lead a fulfilling and independent lifestyle, we are here to help you, however you wish to spend your day.

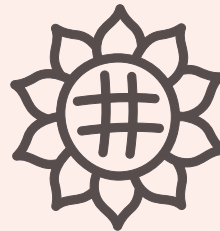
The Lakes Care Centre specialises in:



Day Care



Respite Care




Dementia Care



Residential Care



“ This is a lovely safe home for my mum. The staff are fantastic. It is such a relief to see my mum enjoying life. She is very well cared for and there are always activities for her to join in.”

A bright, modern living room with a large window, blue curtains, a wooden coffee table, and a fireplace. The room is furnished with a blue armchair, a wooden side table, and a large potted plant. The walls are decorated with floral wallpaper. The floor is covered in a light-colored carpet. The overall atmosphere is warm and inviting.

The Lakes Care Centre offers a warm and friendly home environment. The private bedrooms are your personal haven, alongside comfortable living areas, including beautifully furnished lounges, a kitchen and dining room.

Within the home there are four households:

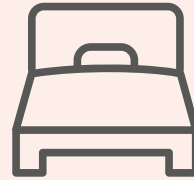
- Stratton
- Baunton
- Oaksey
- Coates

Your New Home

The Lakes Care Centre offers you:

- A hairdressing salon
- A visiting doctor
- A visiting chiropodist
- Dedicated Activity Co-ordinators
- Freshly home-cooked meals
- A laundry service
- Monthly church services
- A gentlemen's lounge
- Beautiful gardens with seating areas
- A coffee shop
- A cinema lounge
- Regular resident and relative forums
- Raised vegetable beds

Each room offers:



A private bed-sitting
room



An emergency 24
hour call system



En-suite shower
rooms



Plenty of space to
personalise your
room with your own
things from home

Tasty, Home Cooked Meals

A talented chef and kitchen team prepare tasty, home-cooked meals. The freshly prepared, delicious dishes are carefully balanced to get the best nutritional value, and cater for individual dietary requirements and preferences. Seasonal produce is chosen whenever possible and of course, relatives and friends are always welcome to join.

The menus change daily and the kettle is always on, so hot drinks are available throughout the day.

A personal dining experience

Each of the four households have their own personal kitchen-dining room where you can take your meals if you wish. You are also encouraged to help prepare your own food, and to make snacks whenever you feel a bit peckish.

What this includes:



Nutritional
meals



Friends and family
can join



Snacks readily
available



Hot drinks
when you want



“

We have found the Lakes Care Centre an excellent place since my father-in-law has been here. The interior is lovely, calming and inviting. Staff have been very caring and helpful and nothing is too much trouble for them. The high tea birthday celebration was wonderful and an excellent idea. Father-in-law appears very happy here and well looked after.”



“

The house is an attractive new building - the interior is well designed with very wide, homely passages and light colourful sitting rooms, as well as comfortable bedrooms for each resident - these are en-suite and also with all necessary furnishings. The carers could not be more welcoming to visitors and attentive to the residents. The chef provides excellent home cooked meals and snacks.

It was hard to take my husband from home, but due to his age/ dementia/mobility problems and lack of home carers, there was no option. However, it has proved a happy place with plenty of laughter - our children have visited and think it's amazing.”

Activities to Enjoy

We understand how important it is to have daily activities to take part in and enjoy.

Our dedicated Activities Co-ordinators organise a wide programme of events around each person's requests, hobbies and interests. The team will be delighted to assist you to continue with existing hobbies, as well as give you the opportunity to try something new if you would like to.

They make sure everyone can enjoy themselves to the fullest, be that with arts and crafts, a coffee morning or more individual pursuits, and visits from outside entertainers.

Each resident receives one-to-one time with the Activity Co-ordinators and together they will work on your own personal activity plan and goals.

A typical daily activity schedule might include any of the following:

- Arts and crafts
- 'Pat the dog' – a visit from a trained dog
- Coffee morning
- 100th birthday party
- Lunch club
- Manicure and massage
- Gents' club
- Flower arranging
- Visiting musicians
- Knit2gether
- Visits from local community groups
- Christmas party
- Summer fete
- Church service
- Gardening
- Mindsong (music therapy)

Your Care Team

All of our Care Team are professionally qualified and trained to the highest standards.
Every member of the team holds the Care Certificate.

Home Manager

As head of the home, the manager ensures the smooth running of the home and that all the team are providing the best possible environment for every resident.

Head of Dementia Care

Responsible for ensuring everyone is up to date with the latest learnings on dementia and for championing the best quality care for residents with dementia.

Activity Co-ordinators

Providing a wide programme of events, a personal activity plan with goals, and delivering activities that are meaningful and resident focused.

Dementia Lead

Responsible for ensuring everyone is up-to-date on the latest learning on dementia and for championing the best quality care for residents with dementia.

Carers

Our professional and expertly trained carers are on hand around the clock to ensure all residents enjoy a fulfilling and independent lifestyle.

Admiral Nurse

Registered nurses, who are supported by Dementia UK, specialise in dementia care and are available to support families and carers of those affected by dementia.

Care Leads

Responsible for leading and supporting the care team to ensure they are providing high quality of care and service to all residents.

Housekeeping Team

Maintaining a spotlessly clean home with a smile, all our Housekeeping Team ensure the home is spick and span in your rooms and in shared home areas.

Chef

Our Chefs enjoy producing healthy, home-cooked meals for our residents, and are on hand if anything is needed for a special occasion or celebration.

The Lakes Care Centre at a Glance



Come and See Us

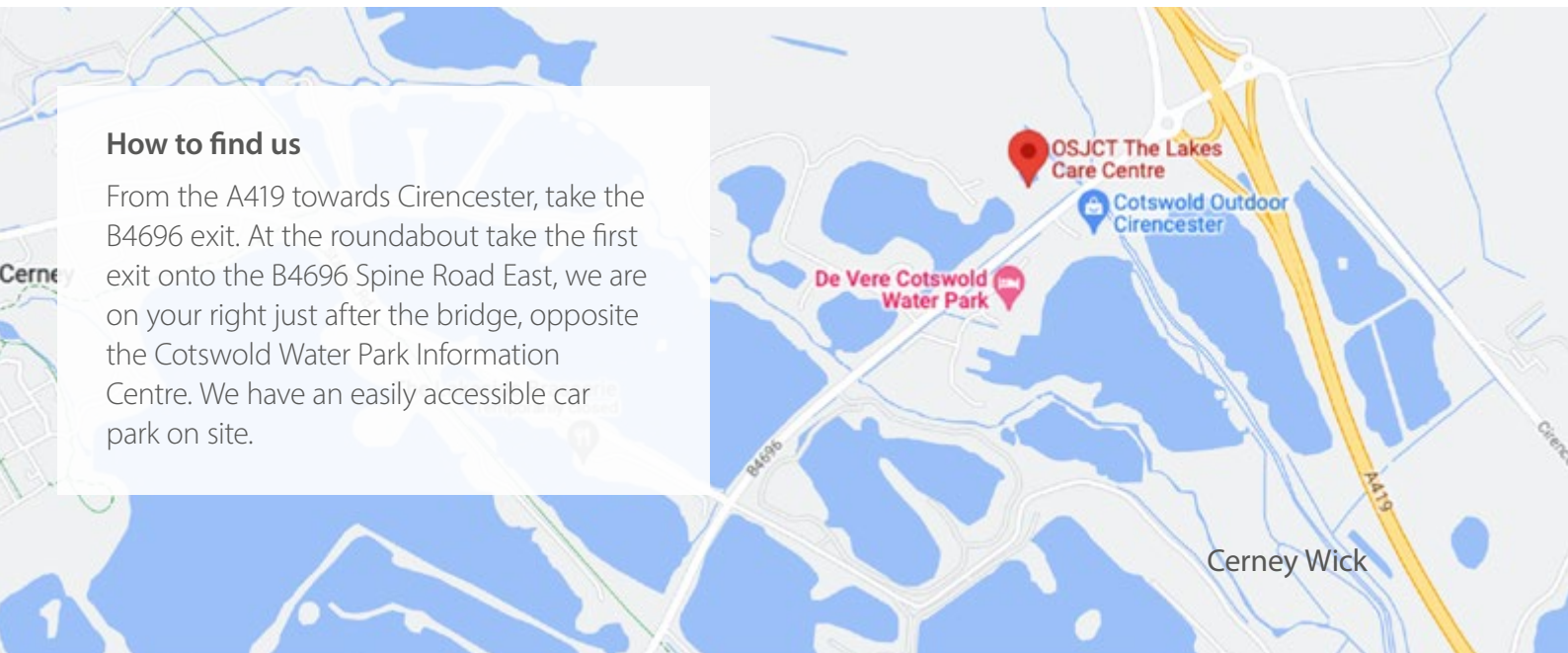
We would really love to meet you and show you around The Lakes Care Centre. To make sure we have plenty of time to find out about your needs and introduce you to the key members of the team, we recommend you contact us in advance to book an appointment.

Alternatively, we welcome you to drop in and see us if you are passing.

We also organise regular events to meet potential residents. If you would like to be contacted about our events, please let us know.

How to find us

From the A419 towards Cirencester, take the B4696 exit. At the roundabout take the first exit onto the B4696 Spine Road East, we are on your right just after the bridge, opposite the Cotswold Water Park Information Centre. We have an easily accessible car park on site.



Choosing a Care Home Checklist

	Y	N		Y	N
First impressions: Is the outside of the home well kept and tidy?	<input type="checkbox"/>	<input type="checkbox"/>	Dining: Can residents eat when they want to?	<input type="checkbox"/>	<input type="checkbox"/>
Is the home clean and well maintained?	<input type="checkbox"/>	<input type="checkbox"/>	Are residents offered a choice of menu for each meal?	<input type="checkbox"/>	<input type="checkbox"/>
Care provided: Does the home provide the right type of care for your needs?	<input type="checkbox"/>	<input type="checkbox"/>	Can meals be eaten in a resident's room if desired?	<input type="checkbox"/>	<input type="checkbox"/>
Do health care professionals such as opticians, chiropodists and physiotherapists visit the home?	<input type="checkbox"/>	<input type="checkbox"/>	Visiting: Are there set visiting times or are visitors welcome at any time?	<input type="checkbox"/>	<input type="checkbox"/>
Does the home have suitable equipment and facilities such as baths, hoists, electrically operated beds and wheelchairs?	<input type="checkbox"/>	<input type="checkbox"/>	Can visitors dine with their relative/friend?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a hairdresser based at the home or one that visits on a regular basis?	<input type="checkbox"/>	<input type="checkbox"/>	Is there a relatives, friends, forum?	<input type="checkbox"/>	<input type="checkbox"/>
Do staff get to know residents and understand their personal likes/dislikes/needs?	<input type="checkbox"/>	<input type="checkbox"/>	Activities: Is there a dedicated Activities Co-ordinator or Activities Team in the home?	<input type="checkbox"/>	<input type="checkbox"/>
Do staff appear friendly, approachable and caring?	<input type="checkbox"/>	<input type="checkbox"/>	Leisure and wellness: Are individual activities available for residents who are not able to, or who do not wish to, participate in group activities?	<input type="checkbox"/>	<input type="checkbox"/>
Bedroom/Communal area: Are the bedrooms clean and well decorated?	<input type="checkbox"/>	<input type="checkbox"/>	Care Quality: Is the home's latest CQC inspection report available to read?	<input type="checkbox"/>	<input type="checkbox"/>
Are there a variety of living spaces such as lounges, quiet rooms and dining rooms?	<input type="checkbox"/>	<input type="checkbox"/>			

Our Homes in Your Area

Paternoster House

Watermoor Road
Cirencester
Gloucestershire
GL7 1JR

osjct.co.uk/paternosterhouse

The Cedars

High Street
Purton, Swindon
Wiltshire
SN5 4AF

osjct.co.uk/thecedars

Come and see us

To book an appointment, or to attend one of our regular events, please contact us on:

Tel: 01285 314141

Email: enquiries@osjct.co.uk

Web: www.osjct.co.uk/thelakes

Address

Spine Road East
South Cerney
Gloucestershire
GL7 5TL



The Orders of St John Care Trust is a not-for-profit charity
Registered charity no 1048355